

Equity, Diversity, Inclusion and Belonging

All courses are 3 hours in length

Module Title	Brief Description	Deliverables
Indigenous Cultural Training	Building capacity for Indigenous community work	Understanding the differences between Western and Indigenous Culture, learning about the uniqueness and intricacies of Indigenous cultures and how to work within that culture in safe and appropriate ways.
Inclusion, Diversity, Equity and Belonging	Building a work place your employees are proud of.	Participants will learn the basics about providing Equitable, Inclusive and Diverse environments for staff. Common issues that arise and how to respectfully handle EDI related issues that arise.
Anti-Black Racism Training	Addressing major issues in racism in a powerful and clear manner.	This course focuses on Anti-Black racism in specific, including the origins of anti-black prejudice, understanding Microaggressions, harmful myths, breaking down racist arguments, understanding white privilege and white guilt.
Cross-Cultural Counselling	Understanding how cultural differences impact interpersonal and family relationships	Clinical practice working with communication issues with intercultural couples, "third culture children" whose parents are from abroad, "high context versus low context cultures", stressors related to immigration/settlement.
Building an inclusive and equitable organization that is sustained beyond staff training	Putting your anti-racist handbook into action within your organization.	Understanding how to use the tenants of anti-black racism, anti-indigenous racism, and general anti-racism to develop a safe and welcoming workplace, drawing upon our other Anti-racism courses.